DUAL STAR, academy of dance

SUMMER DANCE INTENSIVES



Programs Offered

Choose the program that works best for your young dancer





Summer Dance Intensive

Ages 6 & Above July 6-9 Mon-Thurs (9-1pm)

Summer Technique Intensive

Ages 6 & Above July 13-15 Mon-Weds (12-2pm)

Summer Acro/Tumbling Intensive

Ages 9 & Above July 13-15 Mon-Weds (2-4pm)

Pom Intensive Ages 9 & Above

July 13-15 Mon-Weds (10-12pm)

Princess Camp

Ages 3-5 July 13-15 Mon-Weds (10-12pm) Master Class Intensive Ballet level 2-3 & Above July 17-18 Friday-Saturday (9-3pm)

Summer Ballet Intensive

Ballet level 2-3 & Above July 20-24 Mon-Fri (10:00-3:00pm)

Summer Tap Intensive

Ages 10 & Above July 24 Friday (3-6pm)



The mention of summer break may bring to mind images of rest and relaxation, but taking the summer off from dancing may not be such a great idea. While even a couple of weeks without stretching can result in a loss of flexibility, several weeks away from the studio may cause you to lose strength and technique.

The summer can be a perfect time for a young dancer to immerse themselves into dance, creating the chance for great improvement in their skills. Classes tend to be small, making way for tremendous gains in progress. Intensives consist of a series of highly focused classes, intended to increase technique in a period of days. Some intensive workshops feature guest teachers and dancers, offering students a wonderful opportunity for growth. We have seen leaps and bounds be accomplished in a very short amount of time, and the more taken the better.

Please email our programs director with questions or concerns you my have.

Heidi Nichter (Programs Director) heidi@dualstardance.com

LOCATION

Dual Star Academy of Dance 4181 E. County Line Rd. Centennial, CO 80122 303.770.6498

Summer Acro/Tumbling Intensive

*Intensive includes classes in tumbling, strength, flexibility and acrobatics

Time & Date Ages 9 & Above July 13-15 2-4pm

*Cost:

\$110 – if registered before June 4

\$130 - if registered after June 4



Summer Ballet Intensive

*Intensive includes classes in ballet, conditioning, pointe/pre-pointe, repertoire, and more.

Intermediate and Advanced (Level 2-3 and above). Level placement will happen during intensive to best suit your dancer.

Please bring water and lunch. No nuts please.

Time & Date Level 2-3 & Above July 20-24 10:00 am – 3:00 pm ***Cost:** \$300 – if registered before June 4 \$320 – if registered after June 4

Summer Dance Intensive

*Intensive includes classes in ballet, jazz, lyrical, contemporary and pom. Level placement will happen during intensive to best suit your dancer.

Please bring water and lunch. No nuts please.

Time & Date Ages 6 & Above July 6-9 9-1pm

***Cost:** \$220– if registered before June 4 \$230 – if registered after June 4

Summer Tap Intensive

Level placement will happen during intensive to best suit your dancer. Please have dancer bring water.

Time & Date

Ages 10 & Above July 24 Friday (3-6pm)

*Cost:

\$70 – if registered before June 4 \$80 – if registered after June 4

Summer Technique Intensive

*Intensive includes classes in technique, turns, leaps/jumps, stretching and strengthening. Level placement will happen during intensive to best suit your dancer.

Please have dancers bring water.

Time & Date Ages 6 & Above July 13-15 12-2pm

*Cost:

\$110 – if registered before June 4 \$130 – if registered after June 4

Princess Camp

*Camp includes classes in tap, ballet, tumbling, crafts and Creative Movement Activities

Please have your dancer bring water and a snack that does NOT have any nut products in it

Time & Date Ages 3-5 July 13-15 10-12pm *Cost:

\$110 – if registered before June 4 \$130 – if registered after June 4

Pom Intensive

Our teachers have choreographed and coached for nationally ranked high school and college dance teams.

Time & Date

Ages 6 & Above July 13-15 10-12pm

*Cost:

\$110 – if registered before June 4 \$130 – if registered after June 4



Master Class Intensive

*This intensive is two days of classes taught by leading dance professionals for the intermediate and advanced dancer. The classes will include Jazz, Hip Hop, Lyrical/Contemporary, Pilates, Turns, Leaps/Jumps, and more! The faculty will include Katrina Lairsmith, Terrell Davis, and Sarah Blakley-Hype.

Dancers should bring water and a lunch. No nuts please.

Time & Date

Level 2-3 & Above July 17-18 9-3pm *Cost:

\$220 – if registered before June 4 \$230 – if registered after June 4

Student Information

Student's Name	
Date of Birth	
Parent	
Email	
Address	
City / State / Zip	
Phone	

Waiver

Disclaimer: The undersigned jointly and severally hereby forever releases, discharges and acquits Dual Star Academy of Dance from any and all contracts, claims, suits, actions or liabilities both in law and in equity specifically arising from relating to or otherwise described as and limited to participation in any class including damages or injuries arising from or resulting from participation. This release shall be binding upon and inure to the benefit of the parties, their successors assigns and personal representatives. In case of emergency, I give permission for emergency medical treatment.

Parent Signature:	 	
Date:	 _	

See registration & payment on other side....

Summer Program - Registration Form

Please check below the programs you would like to participate in.

Check	Intensive	Dates	BEFORE June 4th	AFTER June 4th
	Summer Dance Intensive Ages 6 & Above 9-1pm	July 6-9	\$220	\$230
	Summer Technique Intensive Ages 6 & Above 12-2pm	July 13-15	\$110	\$130
	Summer Acro/Tumbling Intensive Ages 9 & Above 2-4pm	July 13-15	\$110	\$130
	Princess Camp Ages 3-5 10-12pm	July 13-15	\$110	\$130
	Pom Intensive Ages 6 & Above 10-12pm	July 13-15	\$110	\$130
	Master Class Intensive Level 2-3 & Above 9-3pm	July 17-18	\$220	\$230
	Summer Ballet Intensive Level 2-3 & Above 10-3pm	July 20-24	\$300	\$320
	Summer Tap Intensive Ages 10 & Above 3-6pm	July 24	\$70	\$80

Payment Options

Total Amount _____

___Check

___Credit Card Circle: Visa / Master Card

_____/____/____ Exp Date ____/____

Signature _____ Date _____

Payment Type (STAFF ONLY)	Total	Initials	Date
Check			
Visa / Master Card			